

OCR 10K Ottawa - May 31, 2020, 2020

Location

Commando Paintball

4565 Dunning Road,
Ottawa ON
K4B 1J1

[Click here to see a map of the location](#)

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Obstacle course

10km, 21+ obstacles – this is for our Mud Heroes looking for the next challenge.

Mud Hero OCR 10k Challenge offers all the fun and mud of our 6km course, but with the added challenge of some extra mileage and more challenging obstacles. Not to worry if you're finding the obstacle is too hard, Mud Hero OCR 10k obstacles will have hard/easy options, or you can always skip it (no burpees required!).

Event pricing

Register early and save!

Until December 25, 2019: \$79.99-\$109.99 + HST

* Online fees are additional. Registration closes on 2020-05-30 23:59:00 EDT. Please note, entries are non-refundable. See our Contact Us page if you would like to edit or transfer your entry. Entries can't be transferred or edited once registration is closed. Participants may not transfer wave times once a wave is closed. Participants must be 13 years or older to participate.

Free stuff

Everything a Mud Hero needs:

- A Mud Hero t-shirt and race bib.
- Complimentary photos of yourself at Mud Hero.
- Two water stations on course and one at the finish.
- Chip timing for accurate results broken down by age.
- Mud Hero finishers medal.
- Access to our Mud Bash.

Wave times

Bag check

\$5

Mud bash

The spectacle of Mud Hero is like no other! With DJs, cash BBQ, sponsor give-aways, live demos and alcohol/non-alcohol drinks, enjoy the festivities as you cheer your fellow Mud Heroes on to the finish.

Spectators

Get a festival pass for your family and friends to see you rock the obstacles Access to the festival, Mud Bash and designated obstacle viewing areas \$10/ pass. Kids under 15 are free Available at registration on event days

Groups

If you know at least 10 friends who want to be Mud Heroes, prior to registering email info@mudhero.com to receive a discount code.

Lodging

Travelling just got easier! We teamed up with Choice Hotels® to make Business & Leisure travel a little more enjoyable and convenient – and save 15%!

3 Simple ways to Book:

Web

<http://www.choicehotels.com/?clientid=00632480>

Phone

Call 800.4CHOICE and quote Rate ID # 00632480

Mobile

[Download the app](#) and enter Rate ID # 00632480

Parking

Parking is \$15 per car and \$30 for RV or school bus. CASH ONLY, HST included We encourage carpooling!

Volunteer

Want to be part of the Mud Hero experience, but don't really want to take on the six kilometer course? Volunteering at our events puts you right in the middle of the action – and helps us put on the best events possible for our muddy participants!

[Sign up as a volunteer here!](#)