

# Mud Hero Manitoba Ultra 10k - July 27, 2019, 2019

## Location

### Grunthal MX Park

Warkentin Rd.  
Grunthal, MB, R0A 0R0

[Click here to see a map of the location](#)

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## Obstacle course

**10km, 21+ obstacles – this is for our Mud Heroes looking for the next challenge.**

Mud Hero Ultra 10k offers all the fun and mud of our 6km course, but with the added challenge of some extra mileage and more challenging obstacles. Not to worry if you're finding the obstacle is too hard, Mud Hero Ultra 10k obstacles will have hard/easy options, or you can always skip it (no burpees required!).

## Event pricing

### Register early and save!

Until March 15, 2019: \$74.00 + GST

\* Online fees are additional. Registration closes on 2019-07-26 23:59:00 CDT. Please note, entries are non-refundable. See our Contact Us page if you would like to edit or transfer your entry. Entries can't be transferred or edited once registration is closed. Participants may not transfer wave times once a wave is closed. Participants must be 13 years or older to participate.

## Free stuff

### Everything a Mud Hero needs:

- A Mud Hero t-shirt and race bib.
- Complimentary photos of yourself at Mud Hero.
- Two water stations on course and one at the finish.
- A complimentary beverage for participants.
- Chip timing for accurate results broken down by age.
- Mud Hero "finishers" medal.
- Access to our Mud Bash including DJ and live bands.

## Wave times

### Saturday, July 27 (Limit 500 per wave):

timed 8:30 AM

## Bag check

Bag check is available on site with a suggested \$5 or more donation to Special Olympics Canada. As the official charity partner of Mud Hero, we'd ask all participants to kindly participate in this suggested fundraising initiative. We will be accepting cash only, thank you!

## Mud bash

The spectacle of Mud Hero is like no other! With DJs, live bands, cash BBQ, sponsor give-aways, live demos and alcohol/non-alcohol drinks, enjoy the festivities as you cheer your fellow Mud Heroes on to the finish.

## **Spectators**

Mud Hero encourages spectators by providing easy, no-charge access and great vistas to view the course.

## **Groups**

If you know at least 10 friends who want to be Mud Heroes, prior to registering email [info@mudhero.com](mailto:info@mudhero.com) to receive a discount code for \$5 off per Hero. This discount code will only last 2 weeks, so make sure your entire group registers within that time period. The discount can only be applied when you register; it cannot be applied after you register.

## **Lodging**

Travelling just got easier! We teamed up with Choice Hotels® to make Business & Leisure travel a little more enjoyable and convenient – and save 15%!

3 Simple ways to Book:

Web

<http://www.choicehotels.com/?clientid=00632480>

Phone

Call 800.4CHOICE and quote Rate ID # 00632480

Mobile

[Download the app](#) and enter Rate ID # 00632480

## **Parking**

The cost will be \$10 per vehicle. (Carpool to save the environment AND money!)

## **Volunteer**

Want to be part of the Mud Hero experience, but don't really want to take on the six kilometer course? Volunteering at our events puts you right in the middle of the action – and helps us put on the best events possible for our muddy participants!

[Sign up as a volunteer here!](#)